



BSC FUN DAY

Sunday, February 26th, 2017



MISSION STATEMENT: *To have skaters participate in a positive and fun environment*

General Information

- This is a special event that is hosted by Burlington Skating Centre to encourage all level of skaters to have opportunity to highlight their skills in a positive and fun environment.
- All skaters will receive a certificate of achievement and a participation gift
- Deadline for submitting application is **Wednesday, February 15th, 2017.**

Day of Competition

- Approximate time commitment is two hours.
- Schedule and skating groupings will be posted at Appleby Pad 4 and website the week of event
- Skaters will be categorized based on the highest badge or test passed as of Jan 31, 2017
- No professional coaching allowed at ice level during Pre-CanSkate, CanSkate Elements or Pre-Junior events.
- Skaters do not need to purchase a skating outfit for the competition.
- Program Assistants will handle on ice direction
- Judging will be performed by Senior/Competitive and Adult Skaters.


List of elements on reverse



SKATER'S NAME _____ AGE _____

SKATING DAY OF WEEK _____ GROUP COLOUR _____

PHONE NUMBER _____ Email _____

Event	 the event you are entering	Fee
Pre-CanSkate / Pre-School Elements		
CanSkate Elements		
Star 1 Element & Creative Expression Routine (Passed stage 6)		

FEE : \$20.00 per event

☐ Cheque

☐ Cash

Parent's Signature _____ Skater's Signature _____

Please make cheques payable to Burlington Skating Centre
Drop off forms to the BSC Office @ Appleby B or
give to Mike Tokaryk by **Feb 15th, 2017.**

****Late registrations will not be accepted****

For more information contact Marina Tobin at
mtobin@cogeco.ca.
For additional registration forms & event schedule
please see www.burlingtonskatingcentre.ca



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Skaters will perform all 3 elements listed in skating order

1) Pre-Canskate (Stage 1)

- Forward skating
- 2 foot jump on the spot
- Skate and touch your toes

2) Canskate Stage #2 (passed Stage 1)

- Forward skating
- Forward one foot glide
- 2 foot jump while skating forward

3) Canskate Stage #3 (passed Stage 2)

- Forward double skulling
- Backward skating
- Forward snow plow or ½ snowplow stop

4) Canskate Stage #4 (passed stage 3)

- Forward 2 foot slaloming through cones
- Backward 2 foot jump while skating
- Backward double skulling

5) Canskate Stage #5 (passed stage 4)

- Forward one foot glide on a curve (80 feet)
- 2 foot spin
- Forward spiral

6) Canskate Stage #6 (passed stage 5)

- Forward power jump (Bunny Hop)
- Forward crossovers both directions
- Backward spiral

7) Star 1 - (Passed Stage 6)

Element & Creative Expression Routine

Elements

- Waltz Jump
- One foot spin
- Shoot the duck

Creative Expression

- 30 sec of interpreting music.